

TIMETABLE

	AM	PM	EVE
MONDAY	Headcorn Ladies Group 1pm - 4pm	Functional Skills For Health 5pm - 6pm	Empower Fitness 6.45 - 7.45 pm
TUESDAY	Let's Make Friends ESOL Class 10-12	Chess Club 1.15pm - 3.15 pm	Music Clubs / Astronomy from 530 pm
WEDNESDAY	Bird-watching Club (ad hoc)	Mulberry Zingers Choir 1.15 pm - 3.15 pm	Headcorn Social Club 7pm - 9pm
THURSDAY	Merry Widows 11.15 am - 12.15	French Cafe 1230 - 130 pm	Empower Fitness 6.30 - 7.30 pm
FRIDAY	Singing for Health 10 am - 12 noon	Meditation 1.15 - 2.15 pm	Empower Fitness 6.15 - 7.15 pm
SATURDAY	Laughter Workshop 10.15 am -12.15	Public Information lectures / First Aid/ Resilience training 1pm (ad hoc)	Concerts from 6pm - 10pm (see notices)
SUNDAY	Silent Sundays 8am - 11 am	Penny Kemp's Community Pantry & Chatty Cafe 11am - 1pm	Maths Homework Club 5pm The Sober Club 7pm